

Short-Term Study Abroad Program Information

Please provide the following information:

Study Abroad Program Name: European Perspectives in Kinesiology
Study Abroad (SABD) Course ID: SABD 1353
Study Abroad (SABD) Course CRN: TBD
Semester Program will be Offered: Maymester 2025
Part of Term (Select Part of Term that most closely aligns with program dates)*: May Session
[Click Here for Part of Term Dates \("Classes Begin" and "Classes End"\)](#)
Program Director/Contact Name: Dr. Sami Yli-Piipari & Dr. Ilse Mason
Program Director/Contact Phone Number: (901) 233-1019 (Sami) & (678) 787-5132 (Ilse)
Program Director/Contact Email Address: syp@uga.edu (Sami) & isannen@uga.edu (Ilse)
Program Start Date (First meeting with enrolled students): 13-May-25
Program End Date (Last meeting with enrolled students): 9-Jun-25
Travel Start Date: 25-May-25
Travel End Date: 9-Jun-25
Anticipated Number of Total Students Participating in Program: 25
 Anticipated Number of UGA Students: 25
 Anticipated Number of Transient Students: 0
Anticipated Number of Undergraduate Students in the Program: 20
 Total Number of Credit Hours Taken by Each Undergraduate Student: 4
Anticipated Number of Graduate Students in the Program: 5
 Total Number of Credit Hours Taken by Each Graduate Student: 4

Please list each course offered through the program on a separate row below:

Course Title	Course Prefix	Course Number	CRN(s)	Credit Hours	Schedule Type	Instructor(s)	Department of Instructor(s)	Course Start Date	Course End Date	Total Lecture Hours	Total Field/ Lab Hours	Total Contact Hours**
European Perspectives in Kinesiology	KINS	4350/6350	68285/68286	4	Lecture	Sami Yli-Piipari & Ilse Mason	Kinesiology	5/26/2025	6/9/2025	45.0	32.0	61.0

*Please work with department schedulers and OIE to ensure that all academic courses are scheduled in the same Part of Term as the program SABD course.

Please also complete the Academic Itinerary found on the second worksheet of this document.

**Total Contact Hours = Total Lecture Hours + (Total Field Hours / 2)
Courses require 12.5 contact hours for each credit hour earned

For questions, please contact the Office of Curriculum Systems at csabroad@uga.edu or 706-542-6358.

Academic Itinerary

Study Abroad Program Name: European Perspectives in Kinesiology
Study Abroad (SABD) Course ID: SABD 1353
Program Start and End Dates: May 26-June 9, 2025
Instructors and Courses Taught:

Instructor	Course(s) Taught
Dr. Ilse Mason	KINS 4350/6350
Dr. Sami Yli-Piipari	KINS 4350/6350

*All courses should be taught independently. Please include individual class days and times for each course.

**If multiple courses are offered in the program, please use a new column for each course.

Date/Time	Activity Description*	Instructor(s)	Contact Hours	
			KINS 4350/6350	
TDB February	Pre-Departure		Lecture	Field/ Lab
10-11 3-4	Program Orientation Kick-off	Dr. Yli-Piipari	1.0	
		Dr. Mason		
TBD March				
6:00-9:00	Pre-departure instructions - Study Abroad general meeting	Dr. Yli-Piipari	3.0	
		Dr. Mason		
TBD April				
5:00-8:00	Pre-departure instructions - Study Abroad general meeting	Dr. Yli-Piipari	3.0	
		Dr. Mason		
Sunday, May 25	Depart for Helsinki			
Monday, May 26	Day 1: Arrive in Helsinki			
3:00	Arrive from Atlanta	Dr. Yli-Piipari		
		Dr. Mason		
3:00 - 5:00pm	Cultural Center tour and interaction	Dr. Yli-Piipari		2.0
		Dr. Mason		
6:00 - 8:00pm	Welcome Dinner	Dr. Yli-Piipari		
		Dr. Mason		
8:00 - 10:00pm	Team building	Dr. Mason		1.0
		Dr. Yli-Piipari		
Tuesday, May 27	Day 2: Helsinki			
10:00-11:00am	Morning PA	Dr. Mason		1.0
11:00-12:00pm	In-Country orientation	Dr. Yli-Piipari	1.0	
		Dr. Mason		
12:00-3:00pm	Ministry of Education and Culture	Dr. Yli-Piipari	2.0	1.0
		Dr. Mason		
3:00-4:00pm	Visiting Hakaniemen Tori	Dr. Yli-Piipari		1.0
		Dr. Mason		
5:00-7:00pm	Visiting the member of Parliament, Mr. Ville Kaunisto	Dr. Yli-Piipari	2.0	
		Dr. Mason		
7:00-8:00pm	Education Visit: Finland's Parliament House	Dr. Yli-Piipari		1.0
		Dr. Mason		
Wednesday, May 28	Day 3: Helsinki		Lecture	Field
10:00-1:00	Sport Agent Lecture, Mr. Tero Heiska	Dr. Yli-Piipari	2.0	1.0
		Dr. Mason		
	Depart for Jyväskylä			
Thursday, May 29	Day 4: Helsinki to Jyväskylä		Lecture	Field
8:00-12:00	Research Lectures at University of Jyväskylä	Dr. Yli-Piipari	4.0	
		Dr. Mason		
1:00-4:00pm	Finnish Physical Activity & Nordic Walking	Dr. Yli-Piipari		3.0
		Dr. Mason		
6:00-8:00pm	Debriefing	Dr. Yli-Piipari		1.0
		Dr. Mason		
Friday, May 30	Day 5: Jyväskylä		Lecture	Field
08:00-12:00pm	PETE at University of Jyväskylä	Dr. Yli-Piipari	4.0	
		Dr. Mason		
1:00-5:00pm	Finish Baseball	Dr. Yli-Piipari	2.0	2.0
		Dr. Mason		

Saturday, May 31	Day 6: Jyvaskyla-Helsinki-Tallinn		Lecture	Field
	travel from Jyvaskyla to Helsinki			
	travel from Helsinki to Tallinn			
06:00-7:00pm	Education Visit: Aleksander Nevsky Catethral	Dr. Yli-Piipari		1.0
		Dr. Mason		
7:00-8:00pm	In-Counry Orientation	Dr. Yli-Piipari		1.0
		Dr. Mason		
Sunday, June 01	Day 7: Tallinn		Lecture	Field
10:00-12:00pm	In-country orientation	Dr. Mason	2.0	
		Dr. Yli-Piipari		
1:00-4:00pm	Cultural tour: Tallinn Town Hall	Dr. Mason		3.0
		Dr. Yli-Piipari		
	Travel to Helsinki			
Monday, June 02	Day 8: Brussels		Lecture	Field
	travel from Helsinki to Brussels			
12:00-2:00	Luncheon In Atomium	Dr. Mason		
		Dr. Yli-Piipari		
7:00 - 8:00	Discussion	Dr. Mason	1.0	
		Dr. Yli-Piipari		
Tuesday, June 03	Day 8: Brussel		Lecture	Field
7:00-8:00	Morning PA	Dr. Mason		1.0
9:00-11:00	Sport Policy in Belgium & Europe	Dr. Mason	2.0	
		Dr. Yli-Piipari		
3:00-5:30	European Parliament visit & lectures	Dr. Mason	2.0	
		Dr. Yli-Piipari		
Wednesday, June 04	Day 9: Gent		Lecture	Field
7:00-8:00	Morning PA	Dr. Mason		1.0
10:00-12:00	Wielercentrum tour, practice and coaching	Dr. Mason	2.0	
		Dr. Yli-Piipari		
1:30-3:30	Ugent Research	Dr. Mason	2.0	
		Dr. Yli-Piipari		
6:00-7:00	Evening PA	Dr. Mason		1.0
		Dr. Yli-Piipari		
Thursday, June 05	Day 10: Gent		Lecture	Field
7:00-8:00	Morning PA	Dr. Mason		1.0
		Dr. Yli-Piipari		
9:00-10:30	Elite Sport Youth School	Dr. Mason	1.5	
		Dr. Yli-Piipari		
10:30-12:00	Instructional tour of Elite Sport Center, coaching and interaction	Dr. Mason	1.0	0.5
		Dr. Yli-Piipari		
19:00 - 22:30	Evening PA: SUP	Dr. Mason		3.5
		Dr. Yli-Piipari		
Friday, June 06	Day 11: Leuven		Lecture	Field
9:00-10:15	Elite Sport Performance Coaching & Physical Therapy	Dr. Mason	1.0	
		Dr. Yli-Piipari		
10:15-12:15	KU Leuven: research and labs and programs	Dr. Mason	2.0	
		Dr. Yli-Piipari		
14:00-16:00	PA: Beachvolleyball	Dr. Mason		2.0
		Dr. Yli-Piipari		
Saturday, June 07	Day 12: Genk		Lecture	Field
9:00-12:00	Tour and lectures at Professional Soccer Club	Dr. Mason	3.0	
		Dr. Yli-Piipari		

14:00-16:00	Mountain biking	Dr. Mason		2.0
		Dr. Yli-Piipari		
17:00-18:00	Evening Discussion	Dr. Mason	1.0	
		Dr. Yli-Piipari		
Sunday, June 08	Day 12: Leuven		Lecture	Field
7:00-8:00	Morning PA & IPitUp session			1.0
18:00-18:30	Debriefing	Dr. Mason	0.5	
18:30-21:00	Farewell Dinner			
Monday, June 09	Day 13: Depart		Lecture	Field
	Depart for Atlanta			
Total Hours		Total Lecture Hours	45.0	
		Total Field/ Lab Hours		32.0

Total Contact Hours	61.0
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Total Contact Hours = Total Lecture Hours + (Total Field Hours / 2)
Courses require 12.5 contact hours for each credit hour earned

Initial academic itineraries are understood to be tentative and subject to change. Please be as specific and accurate as possible.

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