

**Short-Term Study Abroad Program Information**

**Please provide the following information:**

Study Abroad Program Name: Public Health, Culture, and Aging Issues in Japan  
 Study Abroad (SABD) Course ID: SABD 1184  
 Study Abroad (SABD) Course CRN: TBD  
 Semester Program will be Offered: Summer 2023  
 Part of Term (Select Part of Term that most closely aligns with program dates)\* : Short Session II  
[Click Here for Part of Term Dates \("Classes Begin" and "Classes End"\)](#)  
 Program Director/Contact Name: Jessica Legge Muilenburg  
 Program Director/Contact Phone Number: 706-296-8509  
 Program Director/Contact Email Address: [jlm@uga.edu](mailto:jlm@uga.edu)  
 Program Start Date (First meeting with enrolled students ): 10-Jul  
 Program End Date (Last meeting with enrolled students ): 29-Jul  
 Travel Start Date: 3-Jul  
 Travel End Date: 30-Jul  
 Anticipated Number of Total Students Participating in Program: 15  
     Anticipated Number of UGA Students: 15  
     Anticipated Number of Transient Students: 0  
 Anticipated Number of Undergraduate Students in the Program: 11  
     Total Number of Credit Hours Taken by Each Undergraduate Student: 6  
 Anticipated Number of Graduate Students in the Program: 4  
     Total Number of Credit Hours Taken by Each Graduate Student: 6

**Please list each course offered through the program on a separate row below:**

| Course Title   | Course Prefix | Course Number | Credit Hours | Schedule Type  | Instructor(s)            | Department of Instructor(s)   | Course Start Date | Course End Date | Total Lecture Hours                                       | Total Field/ Lab Hours | Total Contact Hours** |
|--|---------------|---------------|--------------|----------------|--------------------------|-------------------------------|-------------------|-----------------|---|------------------------|-----------------------|
| Health Promotion Program Study Abroad  | HPRB          | 4180          | 3            | Lecture        | Jessica Legge Muilenburg | Health Promotion and Behavior | 7/9/2023          | 7/28/2023       | 38 contact hours, in addition to independent research     |                        |                       |
| Advanced Service Learning in Health Promotion                                  | HPRB          | 8050S         | 3            | Directed Study | Jessica Legge Muilenburg | Health Promotion and Behavior | 7/9/2023          | 7/28/2023       | 14 hours of meetings, in addition to independent research |                        |                       |
| Service-Learning in Health Promotion   | HPRB          | 3050S         | 3            | Directed Study | Jessica Legge Muilenburg | Health Promotion and Behavior | 7/9/2023          | 7/28/2023       | 14 hours of meetings, in addition to independent research |                        |                       |
| Directed Study in Health Promotion and Behavior: Public Health Issues in Japan | HPRB          | 8000          | 3            | Directed Study | Jessica Legge Muilenburg | Health Promotion and Behavior | 7/9/2023          | 7/28/2023       | 38 contact hours, in addition to independent research     |                        |                       |

\*Please work with department schedulers and OIE to ensure that all academic courses are scheduled in the same Part of Term as the program SABD course.

\*\*Total Contact Hours = Total Lecture Hours + (Total Field Hours / 2)  
 Courses require 12.5 contact hours for each credit hour earned

Please also complete the Academic Itinerary found on the second worksheet of this document.

For questions, please contact the Office of Curriculum Systems at [csabroad@uga.edu](mailto:csabroad@uga.edu) or 706-542-6358.

**Academic Itinerary**

Study Abroad Program Name: Public Health, Culture, and Aging Issues in Japan  
 Study Abroad (SABD) Course ID: SABD 1184  
 Program Start and End Dates: 7/10/2022 - 7/29/2022  
 Instructors and Courses Taught:

| Instructor                  | Course(s) Taught       |
|-----------------------------|------------------------|
| Dr. Jessica Lege Mullenburg | HPRB 4180, HPRB 8000   |
| Dr. Jessica Lege Mullenburg | HPRB 3050S, HPRB 8050S |

\*All courses should be taught independently. Please include individual class days and times for each course.  
 \*\*If multiple courses are offered in the program, please use a new column for each course.

**Contact Hours**

| Date/Time                     | Activity Description*  | Instructor(s)  | Contact Hours |            | Instructor(s)  |  | HPRB 4180 |            | HPRB 8000 |            |
|-------------------------------|--|----------------|---------------|------------|----------------|--|-----------|------------|-----------|------------|
|                               |  |                | HPRB 3050S    | HPRB 8050S |                |  | Lecture   | Field/ Lab | Lecture   | Field/ Lab |
| <b>Wednesday, February 15</b> | <b>Pre-departure</b>   |                |               |            |                |  |           |            |           |            |
| 10:00 - 2:00                  | Program orientation  |                |               |            | Dr. Mullenburg |  | 4.0       |            | 4.0       |            |
| 3:00 - 4:30                   | Pre-departure instructions - Study Abroad general meeting        |                |               |            | Dr. Mullenburg |  | 1.5       |            | 1.5       |            |
| 5:00 - 6:00                   | Pre-departure lecture - Japan                                    |                |               |            | Dr. Mullenburg |  | 1.0       |            | 1.0       |            |
| <b>Sunday, July 09</b>        | <b>Day 1: Arrive in Tokyo</b>                                    |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 8:00                          | Arrive from Atlanta  |                |               |            |                |  |           |            |           |            |
| 5:00 - 9:00                   | Welcome dinner   |                |               |            |                |  |           |            |           |            |
| <b>Monday, July 10</b>        | <b>Day 2: Fukuoka</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
|                               | Community Health and Farming                                     |                |               |            |                |  |           | 2.0        |           | 2.0        |
| <b>Tuesday, July 11</b>       | <b>Day 3: Fukuoka</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
|                               | Farming and sustainable resources                                |                |               |            |                |  |           | 2.0        |           | 2.0        |
| <b>Wednesday, July 12</b>     | <b>Day 4: Fukuoka</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
|                               | Nature and Health  |                |               |            |                |  |           | 2.0        |           | 2.0        |
| <b>Thursday, July 13</b>      | <b>Day 5: Fukuoka</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 8:00 - 10:00                  | Introduction of students and faculty                             |                |               |            | Dr. Mullenburg |  | 2.0       |            | 2.0       |            |
| 10:00 - 12:00                 | Rural Health   |                |               |            | Dr. Mullenburg |  | 2.0       |            | 2.0       |            |
| 1:00 - 3:00                   | Health Problems in Japan (overall)                               |                |               |            | Dr. Mullenburg |  | 2.0       |            | 2.0       |            |
| <b>Friday, July 14</b>        | <b>Day 6: Fukuoka</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 10:00 - 12:00                 | Health Problems in Japan vs. US                                  |                |               |            | Dr. Mullenburg |  | 2.0       |            | 2.0       |            |
| 1:00 - 3:00                   | Health promotion practices in an actual community health setting |                |               |            | Dr. Mullenburg |  | 2.0       |            | 2.0       |            |
| <b>Saturday, July 15</b>      | <b>Day 7: Fukuoka</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 9:00 - 12:00                  | Role of local communities in healthcare                          | Dr. Mullenburg | 3.0           | 3.0        |                |  |           |            |           |            |
| 2:00 - 4:00                   | Practicum  |                |               |            | Dr. Mullenburg |  |           | 2.0        |           | 2.0        |
| 7:00 - 9:00                   | Dinner with community members                                    |                |               |            |                |  |           |            |           |            |
| <b>Sunday, July 16</b>        | <b>Day 8: Shobara Region</b>                                     |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 9:00 - 2:00                   | Practicum  | Dr. Mullenburg | 5.0           | 5.0        |                |  |           | 5.0        |           | 5.0        |
| <b>Monday, July 17</b>        | <b>Day 9: Shobara Region</b>                                     |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 9:00 - 12:00                  | Practicum  | Dr. Mullenburg |               |            |                |  |           | 3.0        |           | 3.0        |
| <b>Tuesday, July 18</b>       | <b>Day 10: Miyajima Excursion</b>                                |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
|                               |  |                |               |            |                |  |           |            |           |            |
| <b>Wednesday, July 19</b>     | <b>Day 11: Miyajima Excursion</b>                                |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
|                               |  |                |               |            |                |  |           |            |           |            |
| <b>Thursday, July 20</b>      | <b>Day 12: Hiroshima</b>   |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 9:00 - 12:00                  | Aging in Japan   | Dr. Mullenburg | 3.0           | 3.0        |                |  |           |            |           |            |
| 1:00 - 4:00                   | Role of the environment in health protection in the community    |                |               |            | Dr. Mullenburg |  | 3.0       |            | 3.0       |            |
| <b>Friday, July 21</b>        | <b>Day 13: Hiroshima</b>   |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 9:00 - 12:00                  | Hiroshima Peace Museum   |                |               |            |                |  |           |            |           |            |
| 1:00 - 4:00                   | Multiculturalism in Community settings                           |                |               |            | Dr. Mullenburg |  |           | 3.0        |           | 3.0        |
| <b>Saturday, July 22</b>      | <b>Day 14: Hiroshima</b>   |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 1:00 - 4:00                   | Community organization and community mobilization.               |                |               |            | Dr. Mullenburg |  |           | 3.0        |           | 3.0        |
| <b>Sunday, July 23</b>        | <b>Day 15: Nara</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
|                               |  |                |               |            |                |  |           |            |           |            |
| <b>Monday, July 24</b>        | <b>Day 16: Nara</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
|                               | Program planning in diverse cultures                             |                |               |            | Dr. Mullenburg |  |           | 3.0        |           | 3.0        |
| <b>Tuesday, July 25</b>       | <b>Day 17: Nara</b>  |                | Meetings      | Meetings   |                |  | Lecture   | Field      | Lecture   | Field      |
| 9:00 - 12:00                  | Social Issues of Aging   |                |               |            | Dr. Mullenburg |  |           | 3.0        |           | 3.0        |

| Wednesday, July 26 | Day 18: Nara                     |                | Meetings                    | Meetings |                | Lecture                    | Field | Lecture | Field |
|--------------------|----------------------------------|----------------|-----------------------------|----------|----------------|----------------------------|-------|---------|-------|
| Thursday, July 27  | Day 19: Nara                     |                | Meetings                    | Meetings |                | Lecture                    | Field | Lecture | Field |
| 9:00 - 12:00       | Presentation                     |                |                             |          | Dr. Mullenburg |                            | 3.0   |         | 3.0   |
| Friday, July 28    | Day 20: Nara                     |                | Meetings                    | Meetings |                | Lecture                    | Field | Lecture | Field |
| 2:00 - 5:00        | Final meeting/Reflection session | Dr. Mullenburg | 3.0                         | 3.0      |                | 3.0                        |       | 3.0     |       |
| Saturday, July 29  | Day 21: Depart for United States |                |                             |          |                |                            |       |         |       |
| <b>Total Hours</b> |                                  |                | Total Lecture Hours         | 14.0     | 14.0           | Total Lecture Hours        | 22.5  | 22.5    |       |
|                    |                                  |                | Total Field Hours/Lab Hours | 0.0      | 0.0            | Total Field/ Lab Hours     | 31.0  | 31.0    | 31.0  |
|                    |                                  |                | <b>Total Contact Hours</b>  | 14.0     | 14.0           | <b>Total Contact Hours</b> | 38.0  | 38.0    |       |