

RECOVERY IS A VOLUNTARY, MAINTAINED
LIFESTYLE CHARACTERIZED BY SOBRIETY,
PERSONAL HEALTH AND CITIZENSHIP

The University of Georgia offers a Collegiate Recovery Community (CRC) for students who have made a commitment to lead sober, healthy lives. The Collegiate Recovery Community provides an environment in which students recovering from addiction can find peer support, as well as other recovery support services, while navigating their own college experience.

The CRC, a part of The John Fontaine, Jr. Center for Alcohol Awareness and Education at the University of Georgia, understands the challenges college students in recovery from addiction face when returning to school. While providing support in navigation of the university system, the CRC offers students in recovery from addiction the opportunity for leadership, service and a peer model of support while attaining a college degree.

"Our community members have already formed a solid foundation of recovery in their lives, and choose to utilize the services of the CRC as added support for their recovery as well as their academic careers."

-Jason T. Callis
Program Manager, Collegiate Recovery Community

COLLEGIATE RECOVERY COMMUNITY

UNIVERSITY HEALTH CENTER • UNIVERSITY OF GEORGIA

Second floor of Memorial Hall, Room 216
706 542 0285 • Hours: Monday- Friday, 8am-7pm

Contact: Jason Callis, Program Manager
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For more information, visit our website:
uhs.uga.edu/crc



The University of Georgia®

University Health Center
Health Promotion Department

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UGA Student Affairs

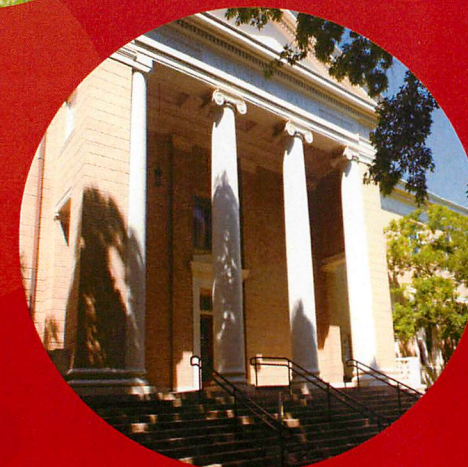
University
Health
Center



John Fontaine, Jr. Center
For Alcohol Awareness and Education
University Health Center • University of Georgia
A unit of the Division of Student Affairs

Collegiate Recovery Community

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“When I came back to school, it was nice to have a place I could go and relax, away from the busy atmosphere of campus.”

OUR COMMUNITY MEMBERS

- Complete the CRC application
- Actively participate in a 12-step recovery program and attend weekly meetings
- Have active sponsor support
- Actively participate in community service projects
- Show commitment to long-term recovery as evidenced by at least 6 months of continuous sobriety
- Attend weekly CRC meetings designed to support personal, professional and educational growth
- Show a commitment to academic success and graduation
- Have the opportunity to apply for scholarships



- Schedule their classes around recovery meetings, seminar and other CRC activities
- Attend *Got Recovery*, an open speaker meeting celebrating recovery hosted by the CRC

“The CRC helped me **grow** in a lot of aspects of my life, even areas I wasn't ready for!”

WE OFFER OUR MEMBERS

- Individual recovery plans
- Individual nutrition counseling and education
- On-campus 12-step meetings
- Personalized academic advising
- Monthly community activities
- Scholarship opportunities
- Weekly check-in meetings offered to both current members and potential members



SEMINAR

Members of the Collegiate Recovery Community attend a one hour seminar class each week that is facilitated by faculty and staff of the University of Georgia. This class explores the behaviors and skills needed to successfully achieve quality, long-term recovery from physical, mental, emotional and spiritual perspectives. It also focuses on specific relapse prevention strategies for the collegiate population.

CRC 101

This is a meeting for students interested in the CRC who do not yet meet the requirements of membership. This is a meeting geared more toward students in early recovery, with a focus on facilitating a smooth transition into long-term recovery.

GOT RECOVERY?

“*Got Recovery?*” is the CRC's meeting to celebrate all forms of recovery.

This speaker meeting is open for members of the public to support recovery and find out more about the Collegiate Recovery Community at the University of Georgia. We invite you to come be a part of the fun, healing and hope that is a life in recovery!



“I've met people in **recovery** that I might not have met just going to meetings, or gotten a **chance** to talk to.”

“I just don't know how to 'do school,' the CRC has **helped** with that.”